



San Antonio Inc. (TX) Branch
Advocating for Women and Girls since 1908

Newsletter

December 2015 Volume 107, Issue 4

Our Mission: AAUW advances equity for women and girls through advocacy, education, philanthropy, and research.

President's Message

Greetings, AAUW Friends!

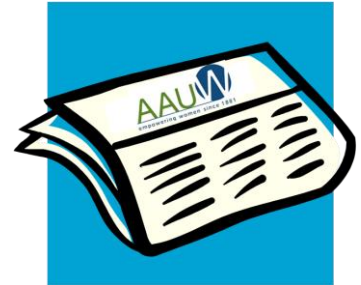
The holiday season is upon us with Thanksgiving and more just a few short weeks away. This is such a splendid time of year. We think of others and enjoy friends, music, and traditions more than at any other time of the year. It's nice to feel happy every day!

Having an "attitude of gratitude" is a phrase often bandied about and promoted, and with good reason. Feeling grateful definitely ups one's happiness quotient. When we choose to have an attitude of gratitude, life is much sweeter. Being happy and content with what we have brings calming and joyful feelings that permeate our lives and the lives of those around us.

Seeking opportunities for greater connection and contribution in our global and personal worlds are ways we can pay forward all we are grateful for. Giving gifts of yourself and your skills are wonderful ways to demonstrate this. AAUW-SA provides many opportunities for action. I am grateful that I am connected to each of you and that we are all connected to each other. Thank you for all you do to make this world a better place.

We thought it would be fun and celebratory to have an evening meeting in December this year. Please join us on Tuesday evening, December 8th! See meeting details below.

Pat Sanford



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December Meeting

Napa Flats

Napa Flats, 1301 North Loop 1604 West. Going East on 1604, take the Blanco Road Exit. Take the turn around. Stay on the access road. The restaurant will be on the right. Going West on 1604, take the Blanco Road Exit. The restaurant will be on the right.

Time: 6:30 – 8:30 pm

Cost: \$20; Cash or Check made payable to AAUW-SA

Tuesday, December 8, 2015

Stepping Into Action with "Girls Making Camp"

*Presenter: Kimberly Sama,
2015 Recipient of AAUW National
Community Action Grant. Ms. Sama has been a
Peace Corps Coordinator and a
Project Manager with the
International Resource Committee.*

napa flats
wood-fired kitchen

*Please indicate your meal choice when
you RSVP. Contact Pat Sanford by
Saturday, December 5th at
pacmsan@me.com or 210-392-0728.*

*Citrus Chicken, pan seared and finished in
wood burning oven. White wine butter
sauce, served with sautéed spinach and
mashed potatoes.*

OR

*Lamb Chops, New Zealand Premium, served
with garlic mashed potatoes and asparagus.*

OR

*Grilled British Isle Salmon with a pachino
sauce, balsamic glaze, served with pearl
couscous, cucumber, tomato, arugula, and
cilantro.*

*Beverage and Gelato included with all
entrees*

San Antonio Branch Officers

President	Pat Sanford
Co-Presidents Elect	Dr. Karen Reichensperger
	Gayna Dupont
VP Membership	Malinda Gaul, Esq.
VP Programs	Fran Vettors
Treasurer	Ann Marie Rehner
Co-Secretaries	Karen Cool
	Jeanette Gittinger



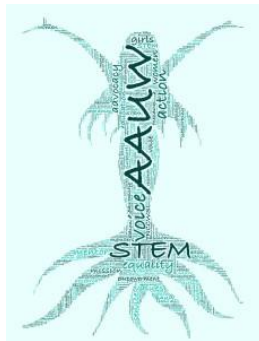
Our Mission

To advance equity for women and girls through advocacy, education, philanthropy, and research.

Empowering women since 1881!

Did You Know?

Dr. Eva Nwokah, Professor and Chair of the Communications and Learning Disorders Department at Our Lady of the Lake University, with a PhD from University of Cambridge (Yes, that Cambridge), is also a member of Clowns of America International. Dr. Nwokah uses her skills to entertain child patients at local hospitals.



\$500 Gift Card Drawing

Money Raised will be used for Textbook Scholarships

The drawing for the \$500 Gift Card will take place at the December 8th meeting, just in time for holiday shopping. You do not need to be present to win. Proceeds go to the Textbook Scholarship Fund. Tickets are \$10 each or 3 for \$25. Buy your tickets at the December meeting or send your money and the top portion of your tickets to Sue Ewers in the envelope provided in Sue's letter. Thank you!

➤ Interest Groups!



➤ *Moviegoers*

Contact: Fran Veters to add your name to the list. 210-481-7765 or francesveters@yahoo.com

No November Moviegoers.
It's Thanksgiving weekend.

No December Moviegoers.



➤ *Historic Southwest*

Contact: Please RSVP to Sophie Lim @ (210) 445-0654, no later than Wednesday prior to the meeting.

➤ *Wandering Wonders*

Lights at the Museum Reach Riverwalk

When: Thursday, December 17

Where: Pearl Brewery Parking near entrance to the Riverwalk (near La Gloria Restaurant)

Meet at 5:00 pm

We will have dinner afterward at CURED restaurant at approximately 6:30 pm.
For more information, contact Helga Anderson, walk leader, at: handerson5@satx.rr.com or my cell phone: 210-573-8424

Please note: This is a change of date and time from our regular walks



➤ *Night Bridge*

When: First and Third Mondays @ 6:45 pm

Location: La Madeline at Park North

Loop 410 and Blanco

Contact: Marilyn Traylor @ 210-696-8299



Culinary Adventures

When: Thursday, November 19, 2015,
11:30 AM

Where: Turquoise Grill
Turkish/Mediterranean food.
3720 Fredericksburg Road at
NW Loop 410 , 78229

Contact: Fran Vetter to reserve,
210-481-7765 francesvetters@yahoo.com

Culinary Adventures does not convene in
December.

Book Discussion

Meets the second Saturday of each month
at 10:00 a.m. at various members' homes.
We have a light brunch, then discuss the
book selection.

November 14: Orphan Train by Cristina
Baker Kline at Diantha Perelli's
(19914 Encino Ridge)

December 12: The Children Act by Ian
McEwan at Fran Vetter's
(25018 Burnt Arrow)

Contact: Please RSVP to Diantha Perelli @
210-497-4121, cyclobabe1946@yahoo.com
or Fran Vetter @ 210-481-7765 or
frankenvetters@sbcglobal.net.



Wine, Women, and Wisdom

No WWW in November and December due
to the holidays

Contact Malinda Gaul mgaul@satx.rr.com or
210.410.8992

This past September, the United Nations adopted the Sustainable Development Goals (SDGs), to be implemented over the next 15 years. The goals provide a framework to end poverty, protect the planet and promote gender equality. It is a plan of action for people, the planet, and prosperity; seeking to realize the human rights of all and achieving gender equality and the empowerment of all women and girls. Below are the targets found under Goal 5 – Gender equality. More information may be found on the AAUW website at <http://www.aauw.org/2015/10/30/un-sdg-goals/>

TARGETS: ([HTTPS://SUSTAINABLEDEVELOPMENT.UN.ORG/?MENU=1300](https://sustainabledevelopment.un.org/?menu=1300))

5.1

End all forms of discrimination against all women and girls everywhere

5.2

Eliminate all forms of violence against all women and girls in the public and private spheres, including trafficking and sexual and other types of exploitation

5.3

Eliminate all harmful practices, such as child, early and forced marriage and female genital mutilation

5.4

Recognize and value unpaid care and domestic work through the provision of public services, infrastructure and social protection policies and the promotion of shared responsibility within the household and the family as nationally appropriate

5.5

Ensure women's full and effective participation and equal opportunities for leadership at all levels of decision-making in political, economic and public life

5.6

Ensure universal access to sexual and reproductive health and reproductive rights as agreed in accordance with the Programme of Action of the International Conference on Population and Development and the Beijing Platform for Action and the outcome documents of their review conferences

5.a

Undertake reforms to give women equal rights to economic resources, as well as access to ownership and control over land and other forms of property, financial services, inheritance and natural resources, in accordance with national laws

5.b

Enhance the use of enabling technology, in particular information and communications technology, to promote the empowerment of women

5.c

Adopt and strengthen sound policies and enforceable legislation for the promotion of gender equality and the empowerment of all women and girls at all levels

Monica Ruiz-Mills



Kimberly Sama, Recipient, 2015 AAUW Community Action Grant

Girls' Education and Empowerment Advocate

Kimberly Sama has been stepping into action her way for 14 years. As a Peace Corps Volunteer in Burkina Faso, Africa, she established 13 women's village savings and loan associations which provided credit for women's, student's, and girls' education groups. That enabled them to attend week-long camps, make theatre presentations, enjoy art and soccer, and bring 6th grade girls' examination scores up to 100%. She also developed awareness-raising campaigns on mother and children's health, HIV-AIDs, and the importance of education and literacy. In Guinea, she designed gender-equity training in education, health, agriculture, forestry, and small business.

As a Program Manager for Women's Protection and Empowerment with International Rescue Committee in Sierra Leone, Kimberly designed grants, and piloted programs to promote male attitude change. As in Burkina Faso, she instituted village savings and loans for women. In South Sudan and Democratic Republic of Congo, she did similar work. Project Muso in Mali found Kimberly directing a community-based Malaria Program and developing security and evacuation/contingency plan protocols.

No wonder AAUW National gave her a Community Action Grant to develop a San Antonio version of her girls' camp! As Youth Education Manager for Family Service Association, she ran a 3 week Girls Making Camp earlier this year, training 8 girls ages 15-17 to support the camp and its functions for twenty-one 10 to 15 year old participants. Part of the camp experience was promoting STEM activities using inexpensive materials. Other projects included shadow puppetry and working with Photoshop.

We are delighted that Kimberly Sama has brought her expertise and passion to San Antonio and are very proud that she has done so much for women and girls on both sides of the Atlantic.

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Dr. Janet Black

One could say that Janet Black has been a Founding Mother of 3 universities!

From 1994 to 1997 she was Vice-President, Advancement and External Affairs, as well as a full professor in the College of Education, at Texas A&M International University, Laredo. There she secured \$15,000,000 in major gifts and participated in the evolution of the new campus. That included implementing a framework for expansion to a 4-year status, developing a policies and procedures manual, laying the groundwork for a Bachelor of Science in Nursing, and acquiring a building at Mercy Regional Medical Center for the nursing program headquarters. She even instituted new traditions for the school and supervised the production of a university promotional video.

Janet's former colleagues at North Texas University in Denton, recognizing the need for coordination among higher education programs in the Dallas-Ft. Worth Metroplex, requested that she put her recent experience to work establishing a regional office that would create awareness Texas A&M programs in the North Central region. From 1997 to 1999, she served as Director, North Texas Regional Service Center, The Texas A&M University System, Dallas. She fostered collaborations involving the A&M System's 5 academic institutions and 8 agencies with higher and public education agencies, the military, businesses and corporations, health care providers, and communities in the area.

In 1999, Janet turned her talents to help create the A&M-San Antonio campus. In addition to the now-familiar work involving establishment of a brand new university, she initiated a partnership with school districts in the immediate area of the campus that resulted in improved academic performance, increased high school success and drop out prevention, and greater participation in community colleges and universities. Part of her duties extended to coordinating activities with local governments, community representatives and planners in regard to the campus; Janet facilitated the Irrigation Technology Center there, carrying on A&M's emphasis on respectful water and land use.

She is especially proud of attracting funds from the Gates Foundation to launch the Brooks Academy for Science and Engineering on Brooks City Base. The school, she says, is "now flourishing and even has a complement of extracurricular activities, including a football team!

But Brooks Academy is not the only school in that area to flourish--the university Janet helped found, Texas A&M-San Antonio, has finally become a 4-year institution, adding junior and senior years to its program.

We could stop here without mentioning the books and articles she has published and the many positions she has filled in 45 years as a teacher, professor, and administrator in public and higher education, but there's one more fact that members of AAUW would be proud to learn about Janet Black: In the early 70's in Columbus, the decision to support the Equal Rights Amendment by the League of Women Voters of Ohio was made in her living room.





Please check out our website for more information
including our history and how to join:

 <http://sanantonio-tx.aauw.net/>



Please take a moment to like us on Facebook at:

<https://www.facebook.com/aauw.sanantonio>

You can also Tweet to us, with us and retweet for us:

Please follow us @AAUW_San Antonio or



https://twitter.com/AAUW_SanAntonio

If you need to drop us a line via email, you can reach us at:



AAUW.SanAntonio@gmail.com



You can add us to your Google+ circles at:

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104302918292245957288/about](https://plus.google.com/u/0/b/104302918292245957288/104302918292245957288/about)

We would love to be added to your network.

You can connect with us at:



<http://www.linkedin.com/in/aauwsanantonio/>